CENTRAL EAST
STROKE NETWORK

Stroke Education Opportunities

NOVEMBER 2026

PROVINCIAL

PROVINCIAL STROKE ROUNDS

Date: November 4th, 2026 from 8:00 - 9:00 a.m.

Topic: Beyond the Stroke Unit with MOTIVE: An Innovative Model for Interdisciplinary Stroke Care

Speaker(s): Dr. Ravinder-Jeet Singh, Ven Rajendran, Susan Bursey, Chantal Liddard

Zoom Link: https://us06web.zoom.us/j/89481162992?pwd=kMJhb4TyTspbSi2zUEefy3Wj1ZzLW2.1

REGIONAL

There is no cost to participants for most CESN workshops unless otherwise noted in the registration materials. As spaces are funded and may be limited, please notify us as soon as possible if you are unable to attend. This allows us to offer your spot to someone on the waiting list. Thank you for your consideration and support.

Vestibular Rehabilitation & Post-Stroke Dizziness

Session will focus on assessment & rehabilitation management of dizziness, vertigo, imbalance, and gaze instability post-stroke. Objectives include:

- Explain the essential aspects of vestibular anatomy& function, including central vestibular pathways
- Understand dizziness & vertigo as a consequence of posterior circulation stroke
- Identify the potential presence of co-morbid vestibular disorders in patients with stroke
- Review the HINTS+ exam in differential diagnosis of acute vestibular syndrome
- Differentiate central versus peripheral patterns of nystagmus
- Perform a vestibular screening assessment and interpret your findings
- Evaluate and treat the most common form of BPPV
- Understand & apply treatment principles including VOR adaptation/gaze stability, habituation, & balance exercises
- Identify appropriate outcome measures to use for this patient population

Target audience: OT, PT

Facilitators: Elizabeth Crawford & Shaleen Sulway, Advanced Practice Vestibular Physiotherapists, Directors of Vestibular Health

Date/Time: Nov 7th, 2026 from 8:30-4:30 p.m.

Location: Bergin Motion Inc.
680 Bayview Dr Unit 8, Barrie, ON L4N 9A6

CLICK HERE to register or visit CESN website

Clinician Training on Returning to Work Post-Stroke (2-part series)

This workshop, presented in collaboration with the Ontario Brain Injury Association (OBIA) will explore the principles and practices of Return to Work (RTW). OBIA is a charitable organization that supports individuals living with acquired brain injury through education, advocacy, peer support, professional training, and connections to local brain injury associations and community resources across Ontario.

During this workshop participants will gain practical knowledge and strategies to support individuals throughout the return-to-work journey. The session will examine how to prepare individuals for RTW, workplace reintegration and navigating accommodations. It will also provide an overview of the broader return-to-work landscape, including government support programs, different workplace environments, employer accommodations, and community-based resources.

Target audience: OT, PT, SW, SLP

Facilitators: Zoe Fallis, OT & Sikha Mpala, MSW, RSW - OBIA Return to Work Programs

Dates/Times: January 28th, 2027 1 - 4 p.m.
February 4th, 2027 8:30 - 12 p.m.

Location: Virtual

CLICK HERE to register or visit CESN website

Neuro OT Collaborative Meeting

October 27th 12:15 - 1:00 p.m.
Microsoft Team link - **CLICK HERE**
For more information contact Carrie - cwilkinson@southlake.ca

UPCOMING EDUCATION OPPORTUNITIES AT A GLANCE

The following table provides an "at-a-glance" overview of upcoming education opportunities offered by CESN over the next year. While dates and locations may occasionally change, we hope this summary helps you plan ahead. Be sure to watch for additional opportunities as new items are added throughout the year.

Workshop/Webinar	Target Audience	Date	In-person or Virtual	Location
Sessions still to be confirmed re format, target audience and timing				
Rhythmic Auditory Stimulation		Early 2027	Virtual	
Mirror Visual Feedback		Early 2027	Virtual	
Pre-Driving Screening Post-Stroke - postponed due to facilitator availability		Spring 2027	In-person	TBD