



Central East Stroke Network 2024-25 Highlights

**Thank you to all our partners
for your collaboration and
support to advance stroke
care across CESN**

June 2025

Hyperacute stroke treatment that is accessible, timely, effective, and based on best practices

- 4–24-hour EVT referral audit form for community hospitals revised and changed to an electronic format
- Process Reporting Form revised to identify hyperacute process successes or challenges
- Tenecteplase implemented at 100% of thrombolysis delivery sites in CESN (N = 7)
- Developed a regional algorithm to assist community hospitals in establishing an inpatient code stroke process

Stroke patients have access to specialized stroke care that maximizes their recovery

- 4 CESN Community of Practice meetings held, supporting sites to align with the provincial stroke unit definition
- Regional vision for Community Stroke Rehabilitation (CSR) approved by CESN steering committee
- 2 new CSR programs established (York and Muskoka) and 6 existing programs received MoH funding for enhancements of CSR services.
- Acute stroke unit developed at Huntsville District Memorial Hospital – official launch pending

Organizations within the network participate in continuous quality improvement efforts for stroke care

- Standards of Care submitted by 15 organizations
- QI plans submitted by 8 organizations
- Annual forum held including brag and steal sessions

Stroke care providers have the expertise and clinical resources to deliver best practice stroke care across the continuum

- 3 Stroke Nursing/Team workshops, 11 cross-discipline workshops and 6 Provincial Stroke Rounds
- Post-Stroke Fatigue Toolkit developed to enhance screening for post-stroke fatigue and education for healthcare providers, patients and families
- 3 new modules developed for the Regional LMS – including Post-Stroke Fatigue, Post-Stroke Depression, and Acute Stroke for Community Sites
- 15 Smart Tips for Stroke Care slide decks converted into video format
- 23 clinicians supported through the CESN Education Fund

Stroke survivors and families have access to programs and services that optimize community reintegration and quality of life

- Converted the Journey to Recovery after Stroke resource into an interactive format for each district
- CSR listening sessions held throughout the region for healthcare providers and patient and family members to identify gaps in community reintegration programming and transition support
- Stroke Month resources developed and shared locally to support stroke awareness and prevention; campaign launched at libraries across the network