

PROJECT	DESCRIPTION	DETAILS
<p>Project 1</p> <p>Best Practice Series</p>	<p>Objective: Forum for sharing information & providing education related to best practices in stroke care</p> <p>Target Audience: Clinicians supporting stroke patients and their families across the care continuum</p> <p>Format: A combination of webinars, practice shorts. Where appropriate, a recording will be available on the CESN website.</p>	<p>Speaker Fee/Honorarium</p>
<p>Project 2</p> <p>Canadian Hemispheres 3.0™ Stroke Competency Series</p>	<p>Objective: To support healthcare providers in developing stroke expertise. Can be used at orientation, for annual stroke competencies and ongoing professional development. Is a comprehensive, nine-module interactive stroke education series. A free module is available that provides training and certification in the National Institute of Health Stroke Scale (NIHSS).</p> <p>Target Audience: Healthcare providers in ED, ICU, ISU, and outpatient stroke programs</p> <p>Format: Online, completed at learner’s own pace</p>	<p>25 seats x \$75 (USD)</p>
<p>Project 3</p> <p>Supported Conversation (SCA™) Training</p>	<p>Objective: Supports participants in the use of supportive conversation techniques for adults with aphasia. Participants learn helpful strategies and techniques to enhance their knowledge base.</p> <p>Target Audience: Healthcare providers and supporting staff/volunteers across the care continuum who interact with individuals with aphasia</p> <p>Format: 2-3 in-person SCA sessions across the network</p> <p>SCA Facilitators: Online training for 2 SLPs to become CESN facilitators in CESN. Goal is to have at least one facilitator per district.</p>	<p>Facilitator honorarium Mileage Light refreshments</p> <p>Aphasia Institute costs for SCA Facilitator training</p>

<p>Project 4</p> <p>Stroke 360 Workshop</p>	<p>Objective: To provide an overview of current treatment approaches used to address frequently seen problems in the field of stroke rehabilitation. While evidence-based, the emphasis will be on analysis of movement, understanding the concepts of functional rehabilitation and demonstration of practical hands-on treatment strategies.</p> <p>Target Audience: OT, PT, Rehab Assistants in the acute, rehabilitation & community setting</p> <p>Instructors: Wendy Sarsons & Jacquie Levy</p> <p>Format: Virtual 2-day weekend workshop</p>	<p>Instructor fees</p>
<p>Project 5</p> <p>Stroke Workshop Incorporating Simulation</p>	<p>Objective: To provide a workshop that focuses on nursing topics in stroke care that range from hyperacute to rehabilitation. This builds on the pilot nursing workshop and sequential workshops held in 2023/24.</p> <p>Format: The workshop will incorporate multiple modalities including online, didactic and the application of knowledge using case studies in a hybrid simulation approach.</p> <p>Target Audience: Nursing</p> <p>Format: In-person / Timeline: multiple sessions across the network</p>	<p>Honorariums Light refreshments</p>
<p>Project 6</p> <p>Developing Practical Cognitive Rehabilitation: How and Why Project-Based Therapy Works</p>	<p>Objective: This workshop provides opportunities to learn the foundations essential to project-based therapy and how it enhances the effectiveness of rehabilitation. The emphasis is on enhancing participation and community reintegration.</p> <p>Target Audience: Healthcare providers in acute, rehabilitation and community settings</p> <p>Format: In-person workshop</p>	<p>Instructor fees Mileage Light refreshments</p>
<p>Project 7</p> <p>Graded Repetitive Arm Supplementary Program (GRASP)</p>	<p>Objective: GRASP is a self-directed arm and hand exercise program to improve function and strength. The exercise is done independently by the patient but supervised by a therapist. Clinicians will be provided information on the impact of stroke on the upper limb, the ability to describe GRASP principles, select the appropriate patients and deliver/modify the exercises.</p> <p>Target Audience: OT, PT, Rehab Assistant</p> <p>Format: Virtual</p>	

<p>Project 8</p> <p>Neurodevelopmental Treatment Techniques (NDT)</p>	<p>Objective: To support clinicians in the ability to observe and distinguish between normal and abnormal alignment and movement patterns and to support functional retraining activities that are meaningful to the patient.</p> <p>Target Audience: OT, PT, Rehab Assistants</p> <p>Format: In-person (maximum of 24 attendees/session)</p>	<p>Instructor fee Mileage Light refreshments</p> <p>3 workshops on topics as identified in the education survey</p>
<p>Project 9</p> <p>Stroke Assessment Workshop</p>	<p>Objective: To provide clinicians training in stroke assessment tools as identified in the best practice guidelines. Examples include Chedoke McMaster Stroke Assessment (CMSA), Chedoke Arm and Hand Activity Inventory (CAHAI) or another session identified as a need by clinicians.</p> <p>Target Audience: Allied team (maximum of 25 attendees)</p> <p>Format: In-person</p>	<p>Instructor fee Mileage Light refreshments</p>
<p>Project 10</p> <p>Leukotape-K Taping</p>	<p>Objective: Provide principles and methods of Kinesiology taping/NPT taping. The kinesiology taping method helps lift the skin and allows the flow of body fluids underneath the application area, near the muscles. The added flow of fluid around the muscles results in better muscle performance and relieves muscle fatigue.</p> <p>Target Audience: OT, PT, OTA/PTA</p> <p>Format: Virtual</p>	<p>Instructor fees</p> <p>AV equipment for speaker set up</p> <p>Leukotape for facilitators & registrants</p>
<p>Project 11</p> <p>Managing Perceptual Impairments</p>	<p>Objective: To provide healthcare providers with a greater awareness of perceptual impairments post-stroke and the best practice guidelines for assessing and treating</p> <p>Target Audience: OT, PT, OTA/PTA, Nursing</p> <p>Format & Timeline: TBD</p>	

<p>Project 12</p> <p>Transition Management</p>	<p>Objective: To enhance healthcare providers awareness of transition points across the stroke care continuum and identify strategies and/or resources available to better support the person with stroke and their families/caregivers.</p> <p>Target Audience: Healthcare providers across the stroke care continuum</p> <p>Format: TBD (options include a Community Stroke Partner event, session on specific transition topics such as driving, self-management strategies, hopeful recovery etc.)</p>	
<p>Project 13</p> <p>Learning Management system SmarterU (Neovation)</p>	<p>Objective: Support the yearly subscription fee for up to 100 active users/month on the CESN Regional LMS. Resources and educational materials will be developed to support the development of stroke expertise cross discipline and cross continuum.</p> <p>Target Audience: Healthcare providers across the stroke care continuum</p>	
<p>Project 14</p> <p>Learning Module Development Resources</p>	<p>Objective: To support ongoing development of interactive learning modules (i.e., Articulate 360, Synthesia) that can be used in the LMS, but also other settings.</p>	
<p>Project 15</p> <p>Physician Education</p>	<p>Objective: Provide a forum to share updates for hyperacute/acute management of stroke to support ongoing changes to best practice</p> <p>Target Audience: Physicians providing care to stroke patients in acute care centres</p> <p>Format: Virtual, in-person as appropriate</p>	
<p>Project 16</p> <p>Rehabilitation Nursing Certification</p> <p>Reference: https://rehabnurse.org/crrn-certification/earn-your-crrn</p>	<p>Objective: Support 2 RNs within CESN to achieve their Certified Rehabilitation Registered Nurse (CRRN®) status. To help facilitate the development of a rehabilitation nursing philosophy.</p> <p>Exam fee - \$460 USD Study packages - range from \$300 - \$700 USD</p> <p>Written submission from applicant will be required. Successful candidates may be determined through a lottery draw.</p>	

<p>Project 17</p> <p>Professional Education Fund</p>	<p>Objective: Through an application process, provides CESN clinicians with an opportunity to attain and maintain their stroke expertise. To maximize best practice implementation and practice change, recipients are to report their plans for knowledge sharing.</p> <p>Target Audience: Healthcare providers across the continuum</p>	<p>\$2000.00/district</p>
<p>Project 18</p> <p>CESN Regional Website</p>	<p>Objective: To maintain the CESN regional website as a communication tool for education opportunities, access to best practice information and resources</p> <p>Target Audience: Healthcare providers across the care continuum</p>	<p>Monthly maintenance costs</p> <p>Updates as needed</p>
<p>Project 19</p> <p>Education Resources</p>	<p>Objective: Licensing and subscription fees used to support the development and implementation of programs, resources, and workshops to support clinicians across the stroke care continuum.</p> <p>Sundry items include printing, gift cards, and other educational resources to support events.</p>	<p>Zoom</p> <p>Canva</p> <p>iStock credits</p> <p>Sundry</p>

The following table depicts some of the education activities that are planned for the upcoming year that do not have a direct associated cost, but support healthcare provider education across the care continuum and cross-discipline.

Hyperacute		
<p>Emergency nursing education sessions</p>	<ul style="list-style-type: none"> Stroke learning modules/gaming app to support sustainability of the 4-24hr processes in community sites Offer an ED nursing education session on stroke (especially for new staff) 2-3 times/year 	
<p>Physician orientation</p>	<ul style="list-style-type: none"> Development of a physician orientation manual (template) that sites can use to help onboard new physicians taking stroke call 	
Acute & Rehabilitation		
<p>Post-stroke fatigue Toolkit</p>	<ul style="list-style-type: none"> Develop a toolkit with education resources that support the healthcare provider who is screening for and making recommendations related to post-stroke fatigue. Identify associated resources for the patient/family and/or caregiver 	

CENTRAL EAST STROKE NETWORK EDUCATION PLAN/BUDGET 2024-25

Approved by Steering Committee on 25 March 2024

Stroke Unit Community of Practice	<ul style="list-style-type: none"> • Forum for CESN leaders, educators, and front-line clinicians that support implementing and sustaining quality stroke unit care (ISU, acute/rehabilitation units). • Mix of virtual meetings focusing on key stroke unit topics with the goal to share ideas/experiences across the network 	
E-learning modules	<ul style="list-style-type: none"> • Develop modules for the Regional LMS and other settings. The topics will be based on input from organizations, identified gaps through the standards of care meetings and the education survey • Ongoing monitoring & management of the Regional LMS 	
Public Awareness		
	<ul style="list-style-type: none"> • Attend community events as appropriate • Library campaign during stroke month to increase awareness of stroke & how to respond • Participate in the Why 911 Ontario Research Project 	