

Central East Stroke Network - Support Groups

Please contact groups directly for most current status. Many groups have suspended meetings or shifted to online formats due to COVID-19.

Location	Contact
<ul style="list-style-type: none"> • Huntsville • Orillia • Richmond Hill • Oshawa • Peterborough • Whitby –Young Survivors • Bowmanville • Beaverton 	<p>Mara Manzato Email: mmanzato@marchofdimes.ca</p>
Barrie	<p>https://communityreach.cioc.ca/record/BAR0061 provides up-to-date program info Fees increasing in Sept Stroke Communication group – September – register by Aug 1st 2022 (in-person) Chair exercise program – September 2022 (in-person) donnamathes48@gmail.com Phone: 705-737-9202 (office) Darlene Graves (President) Phone: 705-734-0820 Best to call office to register</p>
Lindsay	<p>Melinda Gilmour Email: mjgilmour@ccckl.ca Phone: 705-324-7323 x 111</p>
Haliburton	<p>Lois Rigney 705-286-1765 ross.rigney@sympatico.ca Shannon Robinson 705-286-2288</p>
Whitby	<p>Jim McEwen Durham Region Stroke Recovery Group 905-419-8889 jdmcewen@rogers.com Westminster United Church 905-723-6442 Tracy Mahon, Senior Manager, Member Experience at the Whitby Abilities Centre 905 665 8500 Ext. 220</p>
Port Hope	<p>Pam MacDougall 905-885-2626 x 212 pmacdougall@porthopechc.ca</p>
Virtual Peer Support	<p>https://afterstroke.marchofdimes.ca/</p>