

## Central East Stroke Network - Support Groups



Please contact groups directly for most current status. Many groups have suspended meetings or shifted to online formats due to COVID-19.

Location	Contact
<ul style="list-style-type: none"> <li>• Huntsville</li> <li>• Orillia</li> <li>• Richmond Hill</li> <li>• Oshawa</li> <li>• Peterborough</li> <li>• Whitby –Young Survivors</li> <li>• Bowmanville</li> <li>• Beaverton</li> </ul>	Devon Evershed Email: <a href="mailto:devershed@marchofdimes.ca">devershed@marchofdimes.ca</a>
Barrie	<a href="http://www.strokerecoverybarrie.com">www.strokerecoverybarrie.com</a>  Phone: 705-737-9202
Lindsay	Melinda Gilmour Email: <a href="mailto:mgilmour@ccckl.ca">mgilmour@ccckl.ca</a> Phone: 705-324-7323 x 111
Haliburton	Lois Rigney 705-286-1765 Shannon Robinson 705-286-2288
Whitby	Steve 905-837-8812 Jim 905-419-8889 Westminster United Church 905-723-6442
Port Hope	Pam MacDougall 905-885-2626 x 212
Virtual Peer Support	<a href="https://afterstroke.marchofdimes.ca/">https://afterstroke.marchofdimes.ca/</a>