

Provincial Stroke Rounds August 5th 2020: COVID Stroke Resources Handout

1. CorHealth Ontario

<https://www.corhealthontario.ca/resources-for-healthcare-planners-&-providers/covid19>

2. Aphasia Institute: COVID Participics

Documents with messaging relating to COVID built to support communication with Aphasic persons.

Topics include:

- Healthcare has Changed
- COVID-19 - What To Do
- Consent to Online Programs
- Go To Hospital
- Go to Rehab
- Residential Facilities

<https://www.participics.ca/>

3. Heart and Stroke Foundation of Canada: Best Practices.

<https://www.strokebestpractices.ca/resources>

TACLS Acute

<https://www.strokebestpractices.ca/resources/tacls-acute>

TACLS Acute Reference Guides (2 pagers)

<https://www.strokebestpractices.ca/resources/tacls-acute-quick-reference-guides>

4. How to wash with a flaccid arm – Heart & Stroke video (link CorHealth)

<https://www.youtube.com/watch?v=EOj0L03eDPs>

5. After Stroke Virtual Activities Programming (March of Dimes)

<https://afterstroke.marchofdimes.ca/news-events/after-stroke-virtual-activities>

Weekly events such as:

- Ask an Expert
- Aphasia Connect Virtual Group
- Chair Exercises for Stroke Recovery
- After Stroke Virtual Community Conversation
- PERK Activities
- Virtual Stroke Recovery Program
- Virtual Stroke Recovery Music Program (with a Music Therapist)
- Ask an Expert: Move to Live and Live to Move After Stroke
- Self-Esteem and Sensitivity Awareness Workshop for Stroke Survivors

Online virtual events are hosted on the Zoom web conferencing network.

6. Discipline-specific Stroke Quick Reference Care Guides

Documents meant to support staff who may not have experience working with the acute stroke population and provide a summary of the typical process and resources required to support patients admitted to hospital following stroke. Many of the Stroke Networks across Ontario have individualized these guiding documents for their regions to use.

Find these: on the CorHealth website or on the various stroke network websites