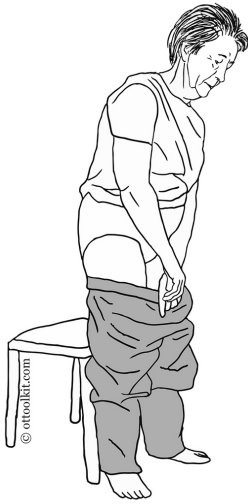


Dressing After Stroke

Take off pants with One Hand

Right Side Weakness

1.



Open the pants while still seated.
Stand and push the pants down past
both hips.

2.



Sit down.

3.



Remove the pants from your **left**
leg.

4.



Cross your **right** leg over your
left and remove the pants from
your **right** leg. Use a reacher or
dressing stick if you cannot
reach.



www://

For more Dressing After Stroke Resources visit Patient and Family Education
Resources page (SCROLL to Personal Care & Dressing) www.cesnstroke.ca